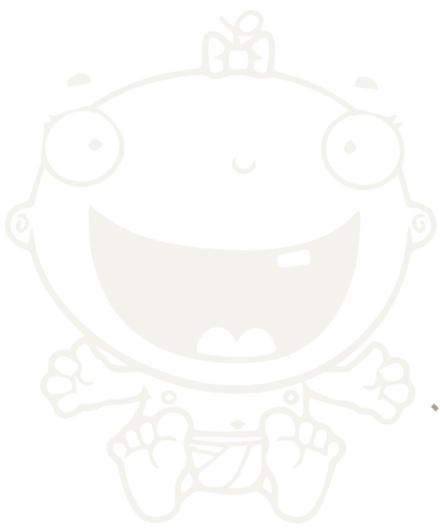


Teething

Bibs 101



Every parent knows their baby needs a bib during meals; it's usually the only way to keep them from getting completely covered in the food you're trying to get in their mouths.

But what about during teething? Here's a quick rundown on why you shouldn't ignore teething bibs.

What's the **Difference?**

#1

Feeding bibs are designed for use during meals and only meals. But your little one doesn't only make a mouth-based mess then, especially while they're teething. Excess drool is a common side effect of teething, and constantly wiping all that off your child can cause a nasty rash. You can leave a teething bib on your baby all day long and let it catch a lot of that mess, keeping the drool off their skin and clothes.

#2

Feeding and teething bibs also have somewhat different construction. Where feeding bibs are usually made of fabric alone, teething bibs generally have a layer of waterproof plastic or nylon in the middle, to help deflect all that spit. Other teething bibs are made from cotton alone, which works wonders on cleaning up drool. Teething bibs don't usually have a different shape from feeding bibs, but teething bibs do sometimes come with attachable teething rings, or a textured patch for baby to relieve their sore gums on.

Sequence of appearance

The infant teeth tend to emerge in pairs - first one lower incisor emerges then the other lower incisor emerges before the next set begin to emerge. The general pattern of emergence is:

- > Lower central incisors (2) at approximately 6 months
- > Upper central incisors (2) at approximately 8 months
- > Upper lateral incisors (2) at approximately 10 months
- > Lower lateral incisors (2) at approximately 10 months
- > First molars (4) at approximately 14 months
- > Canines (4) at approximately 18 months
- > Second molars (4) at approximately 2-3 years



Source: <https://en.wikipedia.org/wiki/Teething>



What Should I Look for in a **Teething Bib?**

That's up to your needs as a parent! There are teething bibs that do double duty as regular feeding bibs, with detachable liner layers for use when baby's exceptionally messy or full of drool. Pockets might be a useful feature, if your little one is prone to making a big mess. If you wear your baby, you might be able to find a teething bib that fits on your baby carrier, protecting it from the mess and giving your child something safe to gnaw on. As with any baby supplies, something easy to clean is a must - just make sure you're not throwing vinyl or other meltable, wipe-clean materials in the washer!